

You have two ages. Only one can **change.**

Discover your biological age from six routine
blood values.

WHAT IS BIOLOGICAL AGE?

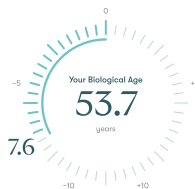
See how your body is ageing — from your routine blood test.

You can't change your chronological age. But you can change how you age biologically. SevenAge™ calculates your biological age from six routine blood values and your sex. Your result shows how your biological age compares with your chronological age — giving you a new perspective on how you are ageing today, and what to improve with evidence-based recommendations.

SIX VALUES PLUS YOUR SEX

HbA1c	Blood sugar
Triglycerides	Fat metabolism
HDL cholesterol	Fat metabolism
Alanine aminotransferase	Liver
Albumin	Liver
Creatinine	Kidneys
Sex	Reference group

YOUR SEVENAGE™ RESULT



Chronological age	61.3 years
Biological age	53.7 years
Difference	-7.6 years

1

Add SevenAge™

Ask for SevenAge™ when your next blood test is planned.

2

No additional blood draw

Your routine blood sample provides the values SevenAge™ needs.*

3

Discover your result

Receive your biological age, your individual blood values and your report.

✓ SCIENTIFICALLY VALIDATED.

Add SevenAge™ to your next blood test.

Ask at reception or speak with your doctor today.

YOUR CLINIC LOGO

Your clinic or laboratory
Street, postcode and town
Phone • email

SevenAge™ estimates biological age using a scientifically validated model based on selected blood biomarkers. The result is a snapshot influenced by normal biological variation and does not capture all aspects of aging or health. It is not a medical diagnosis, does not predict individual health outcomes and does not replace professional medical evaluation or care.

 sevenage.com